

Autumn Winter Menu 2018– 2019

.....Monday.....

Homemade Pizza Margherita Pizza ✓
 Homemade Hawaiian, Pepperoni Pizza
 Tuna Pasta Bake
 Broccoli
 Jam Rock Buns

.....Tuesday.....

Chicken curry with Jewelled Rice
 Vegetable Lancashire Hot Pot ✓
 Sweetcorn

Homemade Vanilla & Oat Muffin

.....Wednesday.....

Gammon Steak Roast Dinner
 Vegetarian Burger ✓
 Apple Sauce, Gravy
 Roasted or Mash Potatoes
 Carrots & Peas

Homemade Shrewsbury Biscuit & Fruit Wedge

.....Thursday.....

Beef burger
 Vegetarian curry
 Green Beans or Baked Beans
 Fruit cocktail

.....Friday.....

Cod Portion
 Homemade Macaroni Cheese ✓
 Oven Baked Chips
 Garden Peas
 Homemade Chocolate cake

.....Monday.....

Homemade Pizza Margherita Pizza ✓
 Homemade Hawaiian, Pepperoni Pizza

Sweetcorn & Peas

Oaty Peach Crumble & Custard

.....Tuesday.....

Spaghetti Bolognese

Vegetarian Sausage Roll with Tomato Pasta ✓

Homemade Garlic and Herb Bread

Broccoli

Homemade Chocolate Penny

.....Wednesday.....

Chicken Fillet Roast Dinner

Homemade Bubble & Squeak ✓

Roasted or mash potatoes

Stuffing & Gravy

Peas & Carrots

Homemade Carrot Cake Muffin

.....Thursday.....

Sausage with onion Gravy

Butternut Squash and Sweet Potato Curry ✓

Seasoned Diced Potatoes

Cauliflower

Homemade Australian Crunch

.....Friday.....

Cod Goujons
 Homemade Vegetarian Cowboy Pie ✓
 Oven Baked Chips
 Garden Peas or Baked Beans
 Iced apple sponge

.....Monday.....

Homemade Ham & Tomato Pasta Bake
 Quorn Dippers & Spicy Wedged Potatoes ✓

Broccoli & Cauliflower

Homemade Cherry Flapjack

.....Tuesday.....

Hunters Chicken

Vegetarian chilli

Vegetable Rice

Green Beans

Sticky Ginger Sponge & Custard

.....Wednesday.....

Homemade Meatloaf

Vegetarian sausage ✓

Mash Potato or roast potatoes

Peas & carrots

Homemade Lancashire Cookies and Fruit Wedge

.....Thursday.....

Meatballs in provincial sauce
 with Seasoned Diced Potatoes

Sandwich selection

Sweetcorn

Baked Chocolate Cake

.....Friday.....

Salmon & Cod Fish Fingers

Sausage Roll ✓

Oven Baked Chips

Garden Peas

Apple & Cinnamon Muffin

October 2018						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November 2018						
Mon	Tues	Wed	Thur	Fri	Sat	Sun
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2

December 2018						
Mon	Tues	Wed	Thur	Fri	Sat	Sun
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

January 2019						
Mon	Tues	Wed	Thur	Fri	Sat	Sun
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2019						
Mon	Tues	Wed	Thur	Fri	Sat	Sun
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

March 2019						
Mon	Tues	Wed	Thur	Fri	Sat	Sun
25	26	27	28	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April 2019						
Mon	Tues	Wed	Thur	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5

✓ = vegetarian