

## **Provision of PE and Sport at Banks Lane Infant School 2018-19**

### **Details of provision of PE and Sport at Banks Lane Infant School**

“At Banks Lane Infant School we aim to provide education in a safe and supportive learning environment. We believe that physical education and healthy living promotes qualities such as enjoyment, perseverance, enthusiasm, tolerance and reliability.” PE Policy

### **Government Funding**

This year, we are fortunate enough again to receive additional funding for PE from the government as a result of the Olympic Legacy 2012 and to enable all children to get into the habit of playing and enjoying sport in primary school as it can help instil confidence, discipline and determination. At Banks Lane Infant School we are striving to ensure the funding is spent in the best possible way to develop and promote children’s physical development and personal qualities. We are using the funding to enhance the physical education curriculum and to encourage a healthy and active lifestyle.

Over the past year we have used Sports Premium funding to develop and promote children’s physical development, personal qualities and to enhance a love for a healthy and active lifestyle.

A whole school focus on happy and healthy lifestyles has included a range of events including a structured training programme for the Midday team. Children in Year Two have trained as Playleaders and promote happy, healthy and active lunchtimes. Feedback from children, teachers and midday staff emphasise the positive impact on learning in the afternoon and a greater love of sport and physical education.

Through buying back into Stockport Schools Sports Partnership we have supported staff in the delivery of high quality PE lessons and interventions such as Maths of the Day and Orienteering. This enabled us to improve the quality of existing PE teaching through continuous professional learning, so that all the children could improve their health, physical literacy, and have a broader exposure to a range of sports. This has also had a huge impact on the children, where learning through play and activities has encouraged resilience, collaboration and impact on learning.

We have also started taking part in the Daily Mile initiative which has given our children a true understanding of what a personal challenge is and what the progression and achievement can look like, encouraged by Stockport School Partnership. Taking part in Smile for a Mile has also sparked some interesting class discussions where the children have discovered what happens to their bodies whilst resting and after taking part with observations and questioning such as “Why is my heart is beating faster?” “Your face has gone red!” “Why am I breathing a lot more and quicker?” “I feel sweaty!” Their curiosity has led them to research why these things are happening to their bodies as part of their scientific and physical education and awareness. The vocabulary has also helped, especially the key word ‘stamina’ which has been considered by the children in this challenge and when and where they can use it in other areas of their learning such as reading and writing at length and in depth. Their understanding of a personal challenge has been transferred into other areas of the curriculum where children have been given personal challenges from teachers in reading, writing, and maths and they now use determination, resilience, and self-esteem to help them with their personal challenges.

Banks Lane Infant School was awarded eight Physical Education awards including ‘The Commitment to teaching High Quality PE’ award and the ‘Physical Education Innovations award’ last year, we have entered into these competitions again this year. We also continue to monitor our ‘Healthy School

Status'. Each day our school breakfast club promotes healthy eating and encourages children to eat a range of fruits, enjoy a healthy breakfast and make choices from a variety of healthy options.

Whole school links have enabled us to provide the children with some fantastic motivational speakers and outside agency involvement. Yoga workshops across the school have allowed children to embed a positivity towards health, wellbeing and fitness. Freddie Fit promoted a love for exercise and our Scooter Festival further developed Growth Mindsets, balance and coordination. We have attended multi-skills festivals throughout the year developing and sustaining a good relationship with Stockport School. Be Active across the ages was a huge success with our Year One families this year. This encouraged every member of a family to get involved with sport and promoted physical and healthy lifestyles across all ages including parents, grandparents and toddlers. Lion dance sessions for Year Two enabled children to create dance movements to Chinese music and encouraged collaboration and effort.

This year we are taking the opportunity to sustain and develop our excellent practice so the children can have a fulfilling and enjoyable PE curriculum. Alongside this we will continue to work with Stockport Schools Sports Partnership who will support and develop staff in their delivery of high quality PE lessons. We have been working with outside agencies including Forest Schools, which our Year 1 children absolutely love, our Ethnic Diversity Service delivering a multicultural market of dancing to the whole school and continuing with Yoga workshops to offer our children a fun-filled, mindful curriculum. Year Two have been thoroughly enjoying their dance lessons with an outside dance teacher working alongside their class teacher based on their current theme, this has really developed and enhanced our curriculum design and CPD! We have also been working with Life Leisure who have provided us with Boxercise sessions and ABall sessions.

Termly monitoring and assessment throughout the whole school will ensure continuity and progression. By attending Twilights and network meetings we have been able to liaise with other schools and provision and CPD. The PE lead and EYFS lead have attended CPD sessions ran by Steve Busby (a specialist PE mentor) to develop CPD and gross motor development for EYFS. We will be entering competitions led by Stockport Schools Sports Partnership this year, including the dance competition, poster design, photography competition, smile for a mile competition, innovations award and writing a report based on a sporting event at our school. The government funding is now giving us the opportunity to develop our resources, consolidate our excellent practice and provide a broad and balanced curriculum for every child and Banks Lane Infant School.

April 2018-2019 Government Funding = £17790.00

Total spent: £20,108.00