

# Am I Ready for School?

When your child starts school there are a number of skills that they should ideally have mastered. Use this sheet as a guide to help track your child's progress.

## Self-care

- ✓ I know when to wash my hands
  - ✓ I can wipe my nose
- ✓ I can ask for help if I don't feel well

## Speaking & Literacy

- ✓ I am interested in reading stories and looking at picture books
  - ✓ I am able to talk about myself, my needs and my feelings
- ✓ I am practising recognising my name when it is written down

## Getting dressed & undressed

- ✓ I can button and unbutton my clothes
- ✓ I can put my shoes and socks on
- ✓ I can put my coat on and use a zip

## Interest in the world

- ✓ I enjoy learning about the world around me
- ✓ I am interested in exploring new activities or environments
  - ✓ I like asking questions

## Writing skills

- ✓ I like tracing patterns and colouring in
- ✓ I enjoy experimenting with different shaped scribbles
- ✓ I am practising holding a pencil

## Going to the toilet

- ✓ I can go to the toilet on my own, wipe myself properly and flush
- ✓ I can wash and dry my hands without any help

## Independence

- ✓ I am happy to be away from my mummy, daddy or main carer
- ✓ I am happy to tidy my belongings and look after my things
- ✓ I am feeling confident about starting school

## Listening & understanding

- ✓ I am able to sit still and listen for a short while
  - ✓ I can follow instructions
- ✓ I understand the need to follow rules

## Sharing & turn taking

- ✓ I can share toys and take turns
- ✓ I can play games with others
- ✓ I can interact with other children

## Counting skills

- ✓ I enjoy practising counting objects
- ✓ I like saying number rhymes and playing counting games
- ✓ I can recognise some numbers when they are written down

## Routines

- ✓ I have practised putting on my uniform and getting ready to leave on time
- ✓ I have a good bedtime routine so I'm not feeling tired for school
- ✓ I am learning to eat at the times I will eat on school days

**What a child does at home has a significant impact on success at school.**

**It is important that parents:**

- ◆ Speak positively about school
- ◆ Limit time spent on technology
- ◆ Play games with their child
- ◆ Share books and stories regularly
- ◆ Engage their child in face to face conversations
- ◆ Encourage their child and praise effort