

Totally Local Your Menu This Week

Week 1 Commencing 2023

Dates:

30th January 13th February 30th January 13th February 6th March 20th March

Allergens & Intolerances:

G=Gluten MK=milk M=mustard S=sova SE=Sesame E=Egg SD=Sulphur dioxide C=Celery F=Fish

Please note, that our menus could be subject to change due to nationwide supply issues.

Main Dish

Main Dish Vegetarian

Jackets

Dessert

Monday



Pizza, wedges & peas (G,MK)

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Jacket potato with various fillings

Chocolate shortbread (G) or fruit

Tuesday



Butter chicken (Mk,M) curry Rice, peas

Tomato pasta (G)

Jacket potato with various fillings

Cherry flapjack(G,SE) or Fruit

Wednesday



Baked Sausage Yorkshire pudding mash potato (G,E,MK,SE)

Vegetarian sausage Yorkshire (G,E,MK,SE)

Jacket potato with various fillings

Jam & coconut sponge with custard or fruit (G,EMK,SE,SD)

Thursday



Spaghetti (G) Bolognaise Peas & carrots Pea and potato curry with rice (C,G,M)

Jacket potato with various fillings

Lancashire Cookie or fruit (G,SE)

Friday



Fish portion (F,G,M) with chips & beans

Vegetarian sausage roll (G,S) chips and beans

Jacket Potato with various fillings

Melting Moment or Yoghurt (G,SE)